

South Dakota Opioid Abuse Strategic Plan



Evidence-based strategies and the South Dakota Prescription Opioid Abuse Advisory Committee informed this strategic plan. View the entire Strategic Plan document and more information at doh.sd.gov/news/opioid.aspx

AvoidOpioidSD.com

GOALS			
PREVENTION AND EARLY IDENTIFICATION	TREATMENT AND RECOVERY	REDUCING ILLICIT SUPPLY	RESPONSE TO OPIOID MISUSE AND ABUSE
STRATEGIES			
<ol style="list-style-type: none"> Promote and provide professional education and training on evidence-based practices for opioid misuse prevention and early intervention. Support continued practice improvement through tools that help providers and health systems implement evidence-based care for opioid use disorder such as prescription drug monitoring program utilization. Continue to raise awareness around resources and information available through community-based prevention and media strategies that address the risks associated with opioid misuse or abuse. Enhance supports for alternative pain management strategies through expanded partnerships and awareness efforts. 	<ol style="list-style-type: none"> Support awareness of and access to Medication-Assisted Treatment (MAT) and recovery supports through continued training and education, enhanced referral systems, linkages to care, connection to resources, and treatment cost assistance. Improve treatment engagement and retention through care coordination and follow-up services, peer and family support services, recovery housing, case management, and other recovery support services. 	<ol style="list-style-type: none"> Increase access to safe medication storage and disposal through drug take-back programs and at-home medication storage and disposal options. 	<ol style="list-style-type: none"> Enhance overdose education and naloxone distribution across South Dakota through expanded training and continued, coordinated distribution.

Guiding Principals to the Strategic Plan (2021-2024)

- Leverage all statewide resources in a coordinated, comprehensive approach so as not to duplicate efforts.
- Expand and utilize data to inform decision-making.
- Promote evidence-based practices in medicine, behavioral health, and prevention.
- Address stimulant use disorder in addition to opioid use disorder where appropriate and applicable.
- Reflect the cultural and geographical diversity of our state in our materials, education, and messaging.



AvoidOpioidSD.com has been developed to address opioid abuse and misuse in the state. It provides information to help South Dakotans understand what opioids are, the risk factors involved with use, action steps we can take to keep our communities and families safe, and services available to help those struggling with addiction. **Key features include:**

Resource Hotline: 1-800-920-4343

Available 24 hours a day, 365 days a year. It's free and confidential. Trained specialists can connect South Dakotans with Care Coordination, social support, counseling, treatment options, and services in their area.

Care Coordination

Care Coordinators provide support individuals and families may be missing and will help them develop a plan for recovery. Care Coordination is free, confidential and available by calling the Resource Hotline.

Medication-Assisted Treatment (MAT)

MAT is one of the most effective and safest options available for Opioid Use Disorder (OUD). FDA-approved medications used in combination with counseling and behavioral health therapies provide a whole-patient approach to treatment tailored specifically to each individual. Agencies partnering with DSS to expand MAT services and service providers can be found in the Find Help section.

Take-Back Locations, Events & Prevention

The Take Action section features national Prescription Drug Take-Back Days and a current listing of take-back locations statewide as well as information related to medication safe storage and disposal, how to order free lockboxes and DisposeRx packets, reversing an overdose, and accessing naloxone.

Providers

Providers play a critical role in a patient's recovery. Whether they are referring patients to treatment, connecting families to support services, expanding prescription capabilities, or exploring training opportunities for staff, it's important that they are aware of the options and tools available. As new findings emerge, information will be shared on the website so providers can stay at the forefront of OUD treatment trends, guidelines, and training.

Emergency Department Toolkit

Coming soon! This online resource will support Emergency Department (ED) providers in preventing overdoses and improving care for patients at risk for OUD and overdose.

Pharmacy

Pharmacists play a critical role in preventing opioid deaths by increasing statewide access to naloxone. South Dakota pharmacists with an active license can dispense naloxone under the statewide standing order to any eligible person who is at risk of an opioid-related overdose or able to assist an at-risk person (a family member or friend).

Key Data

This data dashboard features current data collected via the State Unintentional Overdose Reporting System (SUDORS).

