

# TREATMENT

## for Opioid Use Disorder

**OVERVIEW:** Expanding access to Medication-Assisted Treatment (MAT) is a priority for both South Dakota and the nation in combating the opioid crisis. MAT is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole patient” approach to treatment.

### KEY PARTNERS:

- Avera Health
- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine and South Dakota State University (SDSU)
- South Dakota Association of Addiction and Prevention Professionals (SDAAPP)



### AS OF OCTOBER 2020...



More than 950 individuals have engaged in a MAT program at one of the contracted key partners.



All state contracted substance use disorder treatment agencies are MAT-capable.



More than 100 addiction counselors received training in MAT at the 2018 SDAAPP Fall Conference.

### CAPACITY BUILDING EFFORTS TO DATE

#### Avera Health

Building upon its integrated behavioral health services within inpatient settings, Avera Health is working to expand access to MAT among patients served in outpatient settings through referral linkages and coordinated care across Avera’s network to MAT providers via telemedicine. Targeted areas for referral linkages within Avera’s network include the OB service line and the pain clinic. Avera is also partnering with Minnehaha County to support MAT services at The Link Community Triage Center in Sioux Falls.

#### Center for Family Medicine in partnership with South Dakota State University

Building upon its existing education and training program for family medicine residents, pharmacy students, and medical staff, SDSU and Center for Family Medicine increased their training and staff capacity to support a weekly MAT clinic in Sioux Falls.

#### Lewis & Clark

##### Behavioral Health Services

Recognizing a lack of MAT options in their service area, Lewis & Clark Behavioral Health Services created a program centered on expanding its existing comprehensive substance use treatment continuum of care via office-based patient services for MAT. The program expanded access to MAT in 2020 by utilizing telehealth with numerous partners across the state.

#### Project Recovery

Stephen Tamang, MD, began treating addiction through Monument Health in 2017. In 2018, he founded Project Recovery, utilizing technology and evidence-based medicine to treat opioid use disorder. Project Recovery provides office-based MAT in the Rapid City area. Project Recovery also provides services via telemedicine, giving behavioral health professionals statewide access to a waived medical provider.

If you or someone you know is struggling with addiction – don’t wait. Reach out.

[www.AvoidOpioidSD.com](http://www.AvoidOpioidSD.com)  
South Dakota Resource Hotline  
**1-800-920-4343**

To learn more about MAT or to inquire about expanding access in your area, please contact DSS, Division of Behavioral Health at 605-367-5236.

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