



COMMUNITIES THAT CARE

OVERVIEW: Communities that Care is a community-based prevention system proven to reduce youth health and behavior problems community-wide. This evidence-based program utilizes a five-phase process that guides communities through the development of a high functioning community prevention coalition. Utilizing the Social Development Strategy, Communities that Care fosters the success and health of young people through every stage of development by focusing on protective factors identified as increasing the likelihood of health and success.



SINCE JUNE 2020...

 **3 communities are participating** in Communities that Care, representing Brown County, Pierre / Fort Pierre, and the Cheyenne River Reservation. An additional expansion is planned for January 2022.

 **5 Communities that Care coaches** are being trained to deliver technical assistance and support ongoing program development across South Dakota.

Guiding Principles:

- Locally owned and operated - a local collaborative makes decisions from local data to address priority needs.
- Data-driven and outcome focused. Community-specific data are used to set goals, measure progress, and adjust as needed.
- Addresses the underlying causes (risk and protective factors) of youth health and behavior problems.
- Uses proven programs matched to local priorities selected from local data.



**communities
that care PLUS**

Five Phases of Communities that Care

- **Phase 1:** Communities get ready to introduce CTC
Community group explores key leader interest, attend orientation meetings, and recruit board members.
- **Phase 2:** Communities form a board or work within an existing coalition
Community board formed, and work begins to learn about prevention science, organize workgroups, and set a timeline for implementation of the CTC model.
- **Phase 3:** Communities assess community risk and strengths, and identify existing resources
Review data, identify priority risk and protective factors, assess available resources, and identify gaps.
- **Phase 4:** Community board creates a plan for prevention work in their community
Define clear, measurable outcomes using assessment data, and select and expand programs for use in the community.
- **Phase 5:** Implementation & Evaluation
Implement selected programs and policies, monitor, measure results, and track progress towards community goals.

If you or someone you know is struggling with opioid addiction - don't wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

For more information on the Communities that Care prevention model, visit <https://www.communitiesthatcare.net/>
For all other questions please call 605-773-3737.

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