

RECOVERY SUPPORT SERVICES

The process of recovery is highly personal and occurs via many pathways. Recovery-oriented care and recovery support systems help people with mental health concerns and substance use disorders manage their conditions successfully. Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential¹.

KEY PARTNERS:

- Bethany Christian Services
- Face It TOGETHER
- Oxford House Inc.
- Project Recovery

AS OF
OCTOBER 2022...

CAPACITY BUILDING EFFORTS TO DATE

Specialized Case Management Services

Case managers work to identify psychosocial issues, anticipating potential issues their client may encounter and helping the client obtain resources needed to support their recovery. Bethany Christian Services support expectant and new mothers impacted by opioid or stimulant use through evidence-based specialized case management services through their signature prevention program, ReNew (Recovering Mothers with Newborns).

Peer Recovery Support Services

South Dakota's peer recovery supports model that of SAMHSA, utilizing Peer Support Specialists, or individuals who have been successful in the recovery process. Peer support specialists engage in a wide range of activities such as advocating for people in recovery, sharing resources and building skills, building community and relationships, leading recovery groups, mentoring, and goal-setting. Services can be stand-alone or integrated into clinics, treatment agencies, or other settings.

Supportive Recovery Housing

Recovery housing is an intervention that is specifically designed to address the recovering person's need for a safe and healthy living environment while supplying the requisite recovery and peer supports². Increasing access to supportive recovery-oriented transitional housing for South Dakotans impacted by addiction is a key priority supported by the State Opioid Response grant. In partnership with Oxford House, Inc., new recovery homes are under development, each of which will allow admittance of individuals in medication-assisted treatment for their recovery from substance abuse. Oxford House will also aid in the establishment of a South Dakota chapter to support sustainable implementation of the model and provide guidance to existing Oxford Homes statewide.



Oxford House has implemented and manages, through a peer-led model, **10 houses with a total capacity of 87 beds** in Minnehaha, Pennington and Brown Counties. Of note, two homes – one in Sioux Falls and one in Rapid City – are homes for **women and their children**.



Project Recovery – a contracted MOUD provider – integrated **peer recovery support coaching services** into its continuum of care beginning February 2020. In a typical month, **95% of Project Recovery's clients receive at least 15 minutes of peer coaching** as part of their treatment plan.



More than 50 pregnant or postpartum women impacted by opioid or stimulant use received intensive case management services.

If you or someone you know is struggling with opioid addiction – don't wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

To learn more about recovery support services, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by TI083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

¹Adapted from <https://www.samhsa.gov/find-help/recovery>

²<https://www.samhsa.gov/sites/default/files/housing-best-practices-100819.pdf>

Updated 10/2022