

COMMUNITIES THAT CARE

Communities That Care is a community-based prevention system proven to reduce youth health and behavior problems community-wide. This evidence-based program utilizes a five-phase process that guides communities through the development of a high functioning community prevention coalition. Utilizing the Social Development Strategy, Communities That Care fosters the success and health of young people through every stage of development by focusing on protective factors identified as increasing the likelihood of health and success.

SINCE
JUNE 2020...

GUIDING PRINCIPLES

- Locally owned and operated - a local collaborative makes decisions from local data to address priority needs.
- Data-driven and outcome focused. Community-specific data are used to set goals, measure progress, and adjust as needed.
- Addresses the underlying causes (risk and protective factors) of youth health and behavior problems.
- Uses proven programs matched to local priorities selected from local data.



FIVE PHASES OF COMMUNITIES THAT CARE

- **Phase 1: Communities get ready to introduce CTC**
Community group explores key leader interest, attend orientation meetings, and recruit board members.
- **Phase 2: Communities form a board or work within an existing coalition**
Community board formed, and work begins to learn about prevention science, organize workgroups, and set a timeline for implementation of the CTC model.
- **Phase 3: Communities assess community risk and strengths, and identify existing resources**
Review data, identify priority risk and protective factors, assess available resources, and identify gaps.
- **Phase 4: Community board creates a plan for prevention work in their community**
Define clear, measurable outcomes using assessment data, and select and expand programs for use in the community.
- **Phase 5: Implementation & Evaluation**
Implement selected evidence-based programs and policies, monitor, measure results, and track progress towards community goals.



7 communities have implemented Communities That Care, representing Cheyenne River Reservation, Brown County, Hot Springs, White River, Wagner, Mitchell, and Sioux Falls Urban Indian Health.



2 Communities That Care coaches are working towards certification and are being trained to deliver technical assistance and support ongoing program development across South Dakota.

If you or someone you know is struggling with opioid addiction – don't wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

For more information on the Communities That Care prevention model, visit <https://www.communitiesthatcare.net/>
For all other questions please call 605-773-3737.

75 copies of this document have been printed by the South Dakota Department of Health at a cost of \$0.42 each, funded 100% by CDC under grant #NU17CE924866-03-00, with 0% financed with non-governmental source. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement of the U.S. Government.

Updated 10/2023